

MISPA (Manchester institute of Sport and Physical Activity)



Latest News Release

Salford Leads the Way and Inspires Community Health



MISPA has opened applications for a pioneering new community leadership training course for community groups in Salford called, '**Inspiring Leaders**'.

As part of a 10 year vision MISPA and Salford Primary Care Trust have entered a partnership called, '**Life Long Salford**'. MISPA will be facilitating a coordinated approach between in schools and through the community to inspire an active borough from childhood to old age.

"We are delighted that Salford PCT share our vision of an active borough," said Andrew Ramwell, Director of MISPA, "We have the experience and passion to help education, health and community practitioners harness their efforts and improve the welfare of residents in Salford. The next 10 years will be an exciting adventure!"

'**Inspiring Leaders**' is a 7 day programme suitable for anyone living or working in Salford who has responsibility for running or supporting community projects. Its content has been designed to offer participants a blended learning experience that provides practical tools, techniques and assistance to operate as a community leader.

Participants come from all walks of life, a wide range of experience and numerous interests. Professional tutors from the public, private and voluntary sector lead each course through an inspirational programme that builds confidence and vision.

Helen Connor, Programme Director welcomes applications from any interested persons, *"Over the past 2 years I have seen new graduates attend **Inspiring Leaders** and grow in confidence whilst sitting alongside retired Trustees willing to update their leadership skills. We have created a programme that encourages, questions, inspires and equips participants regardless of their academic background."*

Starting on 30th October 2008 this is the first of several '**Inspiring Leaders**' programmes in the borough and applications are open until 15th October. To download an application form visit www.leadchange.co.uk or for more details please contact Helen Connor h.connor@mmu.ac.uk

For more information on Salford Primary Care Trust go to www.salford-pct.nhs.uk